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XU已经连续亏损4个月了. 原因是什么?

2016Aug22 response: from March to Apr, some of the big losses were due to selling in panic (like Apr 20), and lack of intraday trading.

During the Mar-Apr, there was no idea about the negative correlation, which resulted in buying at around the high of the two-day range.

During Jun, markets were very volatile filled with geopolitical events. I was relatively inexperienced trading these events. That was a turning point where the risk even delayed the fed's rate hike, which was interpreted as a positive for the markets.

During July, I was cutting position at day's end and only traded afternoons. I gained on Jul 12 but that was the only day.

Overall lessons:

Overnight holding for crashes and low closes. (Overnight holding was done during Mon-Mar period and this generated good results)

Intraday small sized trading. (this was rarely done ever. Started last week)

Trade when percentileY was low. (this was understood but was not put into practice well).